



IMA TELLICHERRY
NEWS LETTER – MARCH 2021

**ORGANIZATIONAL
ACTIVITIES**

02.03.2021: Building committee Meeting

Building committee meeting conducted at IMA Hall Thalassery.10 members attended the meeting.

04.03.2021: Building committee Meeting

Building committee meeting conducted at IMA Hall Thalassery.12 members attended the meeting.

17.03.2021:Executive Meeting

Zoom Meeting on 17.03.2021. President welcomed the gathering. 30 members attended the Zoom meeting. Vote of thanks was proposed by Dr.Jayakrishnan Nambiar.



23.03.2021: Building committee Meeting

Building committee meeting conducted at IMA Hall Thalassery.11 members attended the meeting.

27.03.2021: Building committee Meeting

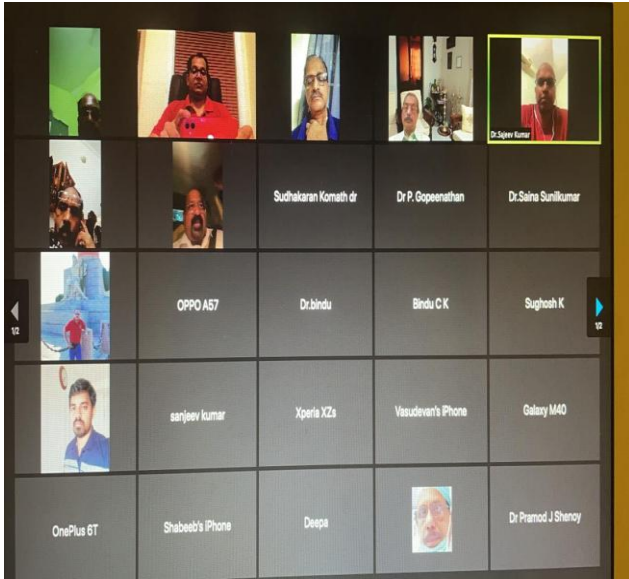
Building committee meeting conducted at IMA Hall Thalassery.12 members attended the meeting.

31.03.2021: General Body Meeting

Thalassery IMA conducted an GB Meeting on 31.3.21.Topic was “ IMA Apartment and Amenities –Project Update & Membership Drive”.Dr.Sajeev Kumar P B (President IMA Thalassery)

presided the function. A total number of 70 members attended. Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery) proposed the vote of thanks..

Thalassery and Snehakoodu Old Age Home Kuttimakool covered on this Sunday 21.03.2021.Dr.Bejoy, Medical Officer Eranholi PHC,,IMA Thalassery President Dr.Sajeev Kumar P B, Dr.Jayakrishnan Nambiar,Secretary IMA Thalassery, Dr.Rethika Srikumar,Nurse Ajentha,Nachu, Ambulance Driver co-ordinated the function.Tellicherry co-operative Hospital provided the ambulance services.



SOCIAL ACTIVITIES

21.03.2021: IMA Thalassery with technical help from Tellicherry Co-operative Hospital and in coordination with PHC Eranholi conducted mass COVID vaccination for inmates and medical staffs of old age homes at Thalassery. Around 100 elderly inmates and staffs got their first dose of Covishield vaccine . Inmates of Samaritan Home



OBSERVATION OF IMPORTANT DAYS

International womens day programmes

01.3.2021: Adolescent Health Education class for trainees of Tata electronics Pvt Ltd by Dr.Seethalakshmi K V (Consultant Gynaecologist, Tellicherry Co-Op Hospital, Thalassery) at NTTF . 40 members attended the class.



04.03.2021: Dr.Mini Balakrishnan took a session on the women empowerment for Jaycees Womens Day JCRTI Calicut. It was interactive session. 70 members attended the function. Dr.Sandhya Kurup (North Zone Secretary, MPH) was the Chief Guest and was felicitated by Dr.Shyjus P and Dr.Simi.



05.03.2021: Kannur Gynaec Society , IMA Thalassery and MPH conducted a Panel Discussion on health issues in Women

- 1.Menstrual Hygiene by Dr.Geetha M
 - 2.Menstrual Cup by Dr.Shyjus P
 - 3.Cancer Awareness by Dr.Mini Balakrishnan
 4. Polycystic ovary disease by Dr.Suchitra Sudheer
 - 5.Infertility and causes by Dr.Rajamma R for Pazhassi Raja NSS College, Mattannur.
- A very interactive session attended by 200 members.



HONOURED THE SENIOR WOMEN DOCTORS

IMA Thalassery salutes three brave ladies who serve thousands. We on the behalf of IMA Thalassery honoured our senior members Dr.Radha T V, Dr.Radha V , Dr.Anandalakshmi.



HONOURING THE SENIOR COVID WARRIERS

Dr.Seethalakshmi K V and Dr.Sheela C D were honoured on this day.



08.03.2021: Dr.K V Seethalakshmi took an Awareness Class on Menstrual Hygiene for Nursing Students. 50 nursing students(Tellicherry Co-operative Hospital) attended the class.



08.03.2021: Dr.Mini Balakrishnan conducted a Webinar session on NSS Unit Govt HSS Kadirur in association with IAP on "Anemia and Menstrual Hygiene" and other health issues and vaccines for adolescent.

IMA TELlichERRY NEWS LETTER MARCH 2021

11.03.2021: World Kidney Day

World Kidney day was observed by IMA Thalassery. Class was taken by Dr.Akhil,Nephrologist at Co-operative Hospital,Thalassery.



11.03.2021: No Smoking Day

No Smoking Day observed at Co-OP Hospital,Thalassery.Co-ordinated by Dr.Jayakrishnan Nambiar(Secretary IMA Thalassery)

21.03.2021: World Down Syndrome Day

22.03.2021: Dr.Siddeek highlighted in detail. In his article about down

syndrome and its consequences in leading daily.



- World TB Day function was organized at General Hospital, Thalassery. Awareness Class to Public, Hospital Staff and Nursing Students by Dr. Kalesh, award distribution ceremony to field workers at GH Thalassery.

22.03.2021: World Water Day

World Water Day observed at Chokli Medical Centre, Thalassery. Co-ordinated by Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery)



23.3.2021: World TB Day

- World TB Day function was organized at Tellicherry Co-operative Hospital. Flashmob, Skit and Poster presentation by Nursing Students of Thalassery Co-Operative Hospital, Thalassery.

31.03.2021: Measles Immunisation

- IMA Thalassery in association with Mission Pink Health observed "Measles Immunisation Day". *Distributed pamphlets, spreading awareness on measles*

immunisation through Hospital in Thalassery

- Measles Immunisation Day observed at Co-OP Hospital, Thalassery. Co-ordinated by Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery)

SPECIAL PROJECTS OF THE BRANCH

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly

contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.

MISCELLANEOUS

Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 900 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various

medical camps & during functions conducted by IMA Thalassery.

PUBLIC RELATIONS & SOCIAL INVOLVMENT

21.03.2021: IMA Thalassery with technical help from Tellicherry Co-operative Hospital and in co-ordination with PHC Eranholi conducted mass COVID vaccination for inmates and medical staffs of old age homes at Thalassery. Around 100 elderly inmates and staffs got their first dose of Covishield vaccine. Inmates of Samaritan Home Thalassery and Snehakoodu Old Age Home Kuttimakool covered on this Sunday 21.03.2021. Dr. Bejoy, Medical Officer Eranholi PHC, IMA Thalassery President Dr. Sajeev Kumar P B, Dr. Jayakrishnan Nambiar, Secretary IMA Thalassery, Dr. Rethika Srikumar, Nurse Ajentha, Nachu, Ambulance Driver co-ordinated the function. Tellicherry co-operative Hospital provided the ambulance services.

15.3.2021: Doctors Physio Rehab Centre Thalassery was inaugurated by Dr. Sajeev Kumar P B, President IMA Thalassery on 15.3.2021. Dr. Jayakrishnan Nambiar (Secretary IMA Thalassery) Felicitated the function.